The United States Constitution Protects Numerous

Individual Rights

The United States Constitution protects many individual rights that have impacted our country. Three rights that can be found in the Constitution include women’s right to vote, freedom of speech, and freedom of religion. These rights are all important and all come with great responsibility that people need to be willing to follow.

Women's right to vote was very important because it gave women an opportunity to vote for their country. Women's suffrage rights are found in the 19th Amendment of the Constitution of the United States. In 1920, this amendment was passed in the House of Representatives, the Senate and ratified in the states (nps.gov). However, this didn’t give voting rights to all women immediately. Women of color, lower income women, and women of crime were all excluded. Native American women couldn’t vote until 1924, when they were recognized as U.S citizens (nps.gov). The obligation of women voters is to know and understand the candidates. It is also important to not be affected by public opinion. This means that you can’t always assume what is being said is true. As voters, women need to think about what is going to benefit everyone, and not just them personally.

Freedom of speech allows us to speak our minds freely about something important. This right was adopted in the Constitution on December 15, 1791, as part of the First Amendment and the Bill of Rights (guardianlv.com). Freedom of speech means that whatever you write, or say, the government can’t jail or fine you, except in exceptional circumstances (guardianlv.com). With having the right of freedom of speech, you want to be responsible with what you say because it represents what you stand for. Make sure what you say does not hurt

others with hateful remarks, accusations, and untrue statements. When this is done, it does not show freedom of speech, but instead shows immaturity

or foolish behavior.

Freedom of religion, like freedom of speech, was first adopted into the Constitution on December 15, 1791, as a part of the First Amendment (“U.S Constitution”). This gives people the right to speak, act, and live their religious beliefs peacefully and publicly. It also protects their ability to be

themselves at work, class, or social activities (heritage.org). People can live in peace not having to be worried about being punished by the government (heritage.org). Another responsibility is not making fun of or bullying others because of their religion. So, when talking about your religion or someone else's, try not to judge them for it because everyone is different.

In conclusion, The United States Constitution protects many individual rights that have made changes toward how we live today. Three rights that can be found in the Constitution include women’s right to vote, freedom of speech, and freedom of religion. With all these rights, there are great responsibilities as well. It is also very important to remember the way we act can represent us as human beings.